Douglas James H Form 5 February 13, 2019

FORM 5

Reminder: Report on a separate line for each class of

securities beneficially owned directly or indirectly.

OMB APPROVAL

FORM	15								OMB AF	PROVAL	
UNITED STATES SECURITIES AND EXCHANGE COMMISSION									OMB Number:	3235-0362	
Check thi no longer			Washington, D.C. 20549						Expires:	January 31,	
to Section Form 4 or 5 obligati may conti	n 16. r Form ANN ons		ATEMENT OF CHANGES IN BENE OWNERSHIP OF SECURITIES				ENEF	FICIAL	Estimated average burden hours per response 1.0		
See Instru 1(b). Form 3 H Reported Form 4 Transactiv Reported	Filed pur foldings Section 17(a) of the Pul		Holdin	g Compan	y Ac	t of 19	Act of 1934, 935 or Section	1		
1. Name and Address of Reporting Person * Douglas James H			2. Issuer Name and Ticker or Trading Symbol NBT BANCORP INC [NBTB]					5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First) (N	(M	(Chec 3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2018 (Chec					x all applicable) 10% Owner title Other (specify			
52 SOUTH	BROAD STREE		-,,				be	elow)	below)		
(Street)			4. If Amendment, Date Original Filed(Month/Day/Year)				6.	6. Individual or Joint/Group Reporting (check applicable line)			
NORWICH	I, NY 13815						_	K_ Form Filed by C_ Form Filed by Merson			
(City)	(State)	(Zip)	Table I - N	Non-Deri	vative Secu	rities	Acquir	ed, Disposed of	, or Beneficiall	y Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution D any (Month/Day/	ate, if Tran Code	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned at end of Issuer's	Ownership Form: Direct	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
NBT					Amount	(A) or (D)	Price	Fiscal Year (Instr. 3 and 4)	(Instr. 4)		
Bancorp Inc. Common Stock	12/31/2018	Â	J		158.623	A	\$ 0 (1)	7,860.308	D	Â	

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Persons who respond to the collection of information

SEC 2270

(9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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Reporting Owners

Reporting Owner Name / Address	Relationships					
1 8	Director	10% Owner	Officer	Other		
Douglas James H 52 SOUTH BROAD STREET NORWICH, NY 13815	ÂΧ	Â	Â	Â		

Signatures

By: Michael J. Chewens, Power of Attorney For: James H.
Douglas

02/13/2019

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares were purchased through a Dividend Reinvestment Plan from 1/1/2018 to 12/31/2018.

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Owners 2