NBT BANCORP INC

Form 4

January 18, 2017

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

3235-0287

Expires:

January 31, 2005

0.5

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OMB APPROVAL

response...

Section 16. Form 4 or Form 5 obligations may continue. See Instruction

Check this box

if no longer

subject to

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * DIETRICH MARTIN A			2. Issuer Name and Ticker or Trading Symbol	5. Relationship of Reporting Person(s) to Issuer		
(Last) (First) (Middle)		(Middle)	NBT BANCORP INC [NBTB] 3. Date of Earliest Transaction	(Check all applicable)		
52 SOUTH BR	` ,	` '	(Month/Day/Year) 01/15/2017	_X_ Director 10% Owner Officer (give title Other (specify below) Chairman, NBT Bancorp		
	(Street)		4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check		
NORWICH, NY 13815			Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person		
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Ac	cauired Disposed of or Reneficially Owne		

							1 013011		
(City)	(State)	(Zip) Tab	le I - Non-l	Derivative	e Secu	rities Aco	quired, Disposed o	of, or Beneficia	ally Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	(Instr. 3,	ispose 4 and (A) or	ed of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
NBT Bancorp Inc. Common Stock	01/15/2017		F			\$ 41.65	154,852.045	D	
NBT Bancorp Inc. Common Stock	01/15/2017		F	1,471	D	\$ 41.65	153,381.045	D	
NBT Bancorp	01/15/2017		F	8,821	D	\$ 41.65	144,560.045	D	

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Inc. Common Stock									
NBT Bancorp Inc. Common Stock	01/15/2017	F	1,429	D	\$ 41.65	143,131.045	D		
NBT Bancorp Inc. Common Stock	01/15/2017	F	1,448	D	\$ 41.65	141,683.045	D		
NBT Bancorp Inc. Common Stock						19,280.595	I	401k	
NBT Bancorp Inc. Common Stock						340	I	Custodian for Minor	
NBT Bancorp Inc. Common Stock						10,731.723	I	NBT Bancorp ESOP	
Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.									
	•		Pers infor requ	ons wation ired to layer a	vho resp on contai o respon	ond to the colle ned in this form d unless the for ly valid OMB co	are not rm	SEC 1474 (9-02)	
	Table II - Deriva	ative Securities Acq	quired, Di	ispose	d of, or B	eneficially Owned	I		

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exercisable and	7. Title and Amount
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	onNumber	Expiration Date	Underlying Securities
Security	or Exercise		any	Code	of	(Month/Day/Year)	(Instr. 3 and 4)
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e	
	Derivative				Securities		
	Security				Acquired		
					(A) or		
					Disposed		
					of (D)		
					(Instr. 3,		
					4, and 5)		

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		Code V	/ (A)	(D)	Date Exercisable	Expiration Date	Title	Amou or Numb of Sha
Non-Qualified Stock Option (right to buy)	\$ 26.67				09/14/2017(1)	09/14/2025	NBT Bancorp Inc. Common Stock	13,64
Non-Qualified Stock Option (right to buy)	\$ 28.01				05/12/2018(1)	05/12/2026	NBT Bancorp Inc. Common Stock	26,74
Non-Qualified Stock Option (right to buy)	\$ 29.97				07/27/2018(1)	07/27/2026	NBT Bancorp Inc. Common Stock	20,5

Reporting Owners

Reporting Owner Name / Address			Relationships			
	Director	10% Owner	Officer	Other		
DIETRICH MARTIN A 52 SOUTH BROAD STREET NORWICH, NY 13815	X		Chairman, NBT Bancorp			

Signatures

By: F. Sheldon Prentice, Power of Attorney For: Martin A. Dietrich

01/18/2017 **Signature of Reporting Person

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Pursuant to NBT Bancorp Inc. 1993 Stock Option Plan reload grant vests 100% two years after date of its grant.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Date

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