

Aldridge Anthony James  
 Form 4  
 February 05, 2019

**FORM 4**

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
 Washington, D.C. 20549**

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
 Aldridge Anthony James

2. Issuer Name and Ticker or Trading Symbol  
 FBL FINANCIAL GROUP INC  
 [FFG]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)  
 5400 UNIVERSITY AVENUE  
 (Street)

3. Date of Earliest Transaction (Month/Day/Year)  
 02/01/2019

\_\_\_\_ Director \_\_\_\_\_ 10% Owner  
 Officer (give title below) \_\_\_\_\_ Other (specify below)  
 Chief Accounting Officer

WEST DES MOINES, IA 50266  
 (City) (State) (Zip)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)  
 Form filed by One Reporting Person  
 Form filed by More than One Reporting Person

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	(A) or (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
			Code	V	Amount	Price		
Class A Common Stock	02/01/2019		M		156	A 11	306	D
Class A Common Stock	02/01/2019		D		156	D \$ 70.88	150	D
Class A Common Stock	02/01/2019		M		120	A 11	270	D
Class A Common	02/01/2019		D		120	D \$ 70.88	150	D

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Stock										
Class A Common Stock	02/01/2019		M	54	A	(1)	204		D	
Class A Common Stock	02/01/2019		D	54	D	\$ 70.88	150		D	
Class A Common Stock	02/01/2019		M	52	A	(1)	202		D	
Class A Common Stock	02/01/2019		D	52	D	\$ 70.88	150		D	
Class A Common Stock	02/01/2019		M	52	A	(1)	202		D	
Class A Common Stock	02/01/2019		D	52	D	\$ 70.88	150		D	
Class A Common Stock							254.61		I	by Trust (2)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)**

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Security (Instr. 3 and 4)
	(1)	02/01/2019		M	156	02/01/2019 02/01/2019	

Restricted Stock Units (Cash Settled)								Class A Common Stock	
Restricted Stock Units (Cash Settled)	<u>(1)</u>	02/01/2019	M	120	02/01/2019	02/01/2020		Class A Common Stock	12
Restricted Stock Units (Cash Settled)	<u>(1)</u>	02/01/2019	M	54	02/01/2019	02/01/2021		Class A Common Stock	54
Restricted Stock Units (Cash Settled)	<u>(1)</u>	02/01/2019	M	52	02/01/2019	02/01/2022		Class A Common Stock	52
Restricted Stock Units (Cash Settled)	<u>(1)</u>	02/01/2019	M	52	02/01/2019	02/01/2023		Class A Common Stock	52
Restricted Stock Units (Cash Settled)	<u>(3)</u>	02/01/2019	A	275	02/01/2020 <sup>(3)</sup>	02/04/2024 <sup>(3)</sup>		Class A Common Stock	275

## Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Aldridge Anthony James 5400 UNIVERSITY AVENUE WEST DES MOINES, IA 50266			Chief Accounting Officer	

## Signatures

By: Mark Wickham per filed confirming stmt For: Anthony James  
Aldridge 02/05/2019

\*\*Signature of Reporting Person

Date

## Explanation of Responses:

\* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Each unit of cash settled RSU is the economic equivalent of one share of FBL Financial Group, Inc. Class A Common Stock. On

(1) February 1, 2019, 20% of the reporting person's previously granted cash settled RSU's were vested and settled. The units vest 20% on each of the first five anniversaries of the grant date. 20% of the units will be exercisable and expire on each vest date.

(2) Reporting person holds 174.17 shares in a company sponsored 401(k) Plan. Ownership form is indirect and the nature of the indirect beneficial ownership is by trust.

Each unit of cash settled RSU is the economic equivalent of one share of FBL Financial Group, Inc. Class A Common Stock. The units of

(3) cash settled RSU's will be settled in cash on each vesting date. The units vest 20% on each of the first five anniversaries of the grant date. 20% of the units will be exercisable and expire on each vest date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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