#### TRIARC COMPANIES INC

Form 4

Stock, Series 1 Class A

Common

Stock

December 19	9, 2006						
<b>FORM</b>	14					OMB A	PPROVAL
	UNITED		URITIES AND EXC Vashington, D.C. 2054		OMMISSION	OMB Number:	3235-0287
Check the	ger STATE	MENT OF CHA	ANGES IN BENEFIC	CIAL OWN	ERSHIP OF	Expires:	January 31, 2005
subject to Section 1 Form 4 o	16.		SECURITIES			Estimated burden hor response	urs per
Form 5 obligation may cont <i>See</i> Instruction 1(b).	ons Section 17	(a) of the Public	n 16(a) of the Securitie Utility Holding Comp Investment Company	oany Act of	1935 or Section	1	
(Print or Type I	Responses)						
1. Name and A PELTZ NEI	Address of Reporting LSON	Symbo		]	5. Relationship of Issuer	Reporting Per	rson(s) to
			ARC COMPANIES IN [;TRY.B]	C	(Checl	k all applicabl	le)
(Last)	(First)		e of Earliest Transaction h/Day/Year)		_X_ Director _X_ Officer (give	titleOtl	% Owner ner (specify
TRIARC CO PARK AVE	OMPANIES, IN ENUE	C., 280 12/15	5/2006	'	oelow) Chair	below) rman and CEO	)
	(Street)		mendment, Date Original Month/Day/Year)	1	6. Individual or Jo Applicable Line) _X_ Form filed by C		
NEW YOR	K, NY 10017			-	Form filed by M Person		
(City)	(State)	(Zip) T	able I - Non-Derivative Se	ecurities Acqu	ired, Disposed of	, or Beneficia	ally Owned
	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Code (Instr. 3, 4 an	of (D)	5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code V Amount	(A) or (D) Price	Reported Transaction(s) (Instr. 3 and 4)	(I) (Instr. 4)	
Class A Common Stock				(2)	23,550	I	By Family Limited Partnership
Class B Common					47,100	I	By Family Limited

Partnership (9) (10)

By Minor

Children (9)

200

I

Class B Common Stock, Series 1						400	I	By Minor Children (9)
Class B Common Stock, Series 1	12/15/2006	M	350,000	A	(2) (3) (4)	11,752,300	D	
Class B Common Stock, Series 1	12/15/2006	M	262,824	A	(1)	9,262,069	D	
Class A Common Stock	12/15/2006	M	433,626	A	(1)	7,004,958	D	
Class A Common Stock	12/15/2006	M	131,411	A	(1)	7,136,369	D	
Class A Common Stock	12/15/2006	M	170,116	A	<u>(1)</u>	7,306,485	D	
Class B Common Stock, Series 1	12/15/2006	M	216,912	A	<u>(1)</u>	8,131,992	D	
Class A Common Stock	12/15/2006	M	108,457	A	<u>(1)</u>	7,414,942	D	
Class B Common Stock, Series 1	12/15/2006	M	867,253	A	(1)	8,999,245	D	
Class B Common Stock, Series 1	12/15/2006	M	340,231	A	(1)	9,602,300	D	
Class B Common Stock, Series 1	12/15/2006	M	1,800,000	A	(1)	11,402,300	D	
Class A Common Stock	12/15/2006	M	175,000	A	(2) (3) (4)	7,589,942	D	
Class A Common	12/15/2006	M	350,000	A	(2) <u>(3)</u> (5)	7,939,942	D	

Stock							
Class A Common Stock	12/15/2006	M	300,000	A	(2) (3) (6)	8,239,942	D
Class A Common Stock	12/15/2006	M	19,589	A	(2) (3) (7)	8,259,531	D
Class B Common Stock, Series 1	12/15/2006	M	600,000	A	(2) (3) (6)	12,352,300	D
Class B Common Stock, Series 1	12/15/2006	M	39,178	A	(2) (3) (7)	12,391,478	D
Class B Common Stock, Series 1	12/15/2006	M	700,000	A	(2) (3) (5)	13,091,478	D
Class A Common Stock	12/15/2006	F	1,279,414 (8)	D	\$ 21.14 (8)	6,980,117	D
Class B Common Stock, Series 1	12/15/2006	F	4,078,837 (8)	D	\$ 19.5 (8)	9,012,641	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ansactiorDerivative Expiration Date de Securities (Month/Day/Year) str. 8) Acquired (A) or Disposed of (D)		7. Title and Amour Underlying Securit (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amo Num Share
Employee Stock	\$ 12.54 (2) (4)	12/15/2006		M		175,000 (3) (4)	(12)	03/20/2007	Class A Common	17:

Option (right to buy) (11)							Stock (3) (4)	
Employee Stock Option (right to buy) (11)	\$ 14.94 (1)	12/15/2006	M	216,912	12/29/2005	12/12/2007	Class B Common Stock, Series 1	210
Employee Stock Option (right to buy) (11)	\$ 16.78 (1)	12/15/2006	M	108,457	12/29/2005	12/12/2007	Class A Common Stock	10
Employee Stock Option (right to buy) (11)	\$ 16.78 (1)	12/15/2006	M	433,626	12/29/2005	01/01/2009	Class A Common Stock	431
Employee Stock Option (right to buy) (11)	\$ 14.94 (1)	12/15/2006	M	867,253	12/29/2005	01/01/2009	Class B Common Stock, Series 1	86′
Employee Stock Option (right to buy) (11)	\$ 16.78 (1)	12/15/2006	M	131,411	12/29/2005	12/22/2009	Class A Common Stock	13
Employee Stock Option (right to buy) (11)	\$ 14.94 (1)	12/15/2006	M	262,824	12/29/2005	12/22/2009	Class B Common Stock, Series 1	261
Employee Stock Option (right to buy) (11)	\$ 25.44 (2) (6)	12/15/2006	M	300,000	<u>(13)</u>	12/14/2010	Class A Common Stock (3) (6)	300
Employee Stock Option (right to buy) (11)	\$ 24.6 (2) (7)	12/15/2006	M	19,589 <u>(7)</u>	<u>(14)</u>	12/06/2011	Class A Common Stock (3) (7)	19
Employee Stock Option	\$ 16.78 (1)	12/15/2006	M	170,116	12/29/2005	12/06/2011	Class A Common Stock	170

(right to buy) $\frac{(11)}{}$								
Employee Stock Option (right to buy) (11)	\$ 14.94 (1)	12/15/2006	M	340,231	12/29/2005	12/06/2011	Class B Common Stock, Series 1	340
Employee Stock Option (right to buy) (11)	\$ 26.93 (2) (5)	12/15/2006	M	350,000 (5)	<u>(15)</u>	12/18/2012	Class A Common Stock (3) (5)	350
Employee Stock Option (right to buy)	\$ 15.09 (1)	12/15/2006	M	1,800,000	(16)	02/15/2015	Class B Common Stock, Series 1	1,80

# **Reporting Owners**

Reporting Owner Name / Address	Relationships					
1	Director	10% Owner	Officer	Other		
PELTZ NELSON TRIARC COMPANIES, INC. 280 PARK AVENUE NEW YORK, NY 10017	X	X	Chairman and CEO			

## **Signatures**

By: Stuart I. Rosen, as Attorney-in-fact for

\*\*Signature of Reporting Person Date

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
  - As a result of the special extraordinary cash dividends paid in 2006, on December 14, 2006, the Compensation Committee and the Performance Compensation Committee of the Board of Directors of Triarc determined to reduce the exercise price of each stock option
- that was granted after August 21, 2003 by \$0.15 for each option outstanding at the opening of the market on each of February 15, 2006, June 29, 2006 and December 1, 2006, aggregating \$0.45 per share. Accordingly, the reported exercise price of this stock option was reduced by \$.45 per share.
  - As a result of the special extraordinary cash dividends paid in 2006, on December 14, 2006, the Compensation Committee and the Performance Compensation Committee of the Board of Directors of Triarc determined to reduce the exercise price of each stock option
- (2) that was granted prior to August 21, 2003 by \$0.45 for each option outstanding at the opening of the market on each of February 15, 2006, June 29, 2006 and December 1, 2006, aggregating \$1.35 per share. Accordingly, the reported exercise price of this stock option was reduced by \$1.35 per share.
- (3) On August 11, 2003, Triarc declared a stock dividend, payable to all holders of record of Class A Common Stock on August 21, 2003, of two shares of Class B Common Stock, Series 1, for each share of Class A Common Stock outstanding. As a result of the stock dividend, each outstanding option granted under Triarc's 1993 and 1998 Equity Participation Plans was adjusted so that each such option

Reporting Owners 5

outstanding as of August 21, 2003 became exercisable for both one share of Class A Common and two shares of Class B Common Stock, Series 1.

- This employee stock option was previously reported as an option for 175,000 shares of Class A Common Stock at an exercise price of \$12.54 per share, but was adjusted to reflect the stock dividend referred to in note (3) above. As a result of the stock dividend, the option also entitled the reporting person to receive, upon exercise, two shares of Class B Common Stock, Series 1, for each share of Class A Common Stock issuable upon exercise of the option for no additional consideration.
- This employee stock option was previously reported as an option for 350,000 shares of Class A Common Stock at an exercise price of \$26.93 per share, but was adjusted to reflect the stock dividend referred to in note (3) above. As a result of the stock dividend, the option also entitled the reporting person to receive, upon exercise, two shares of Class B Common Stock, Series 1, for each share of Class A Common Stock issuable upon exercise of the option for no additional consideration.
- This employee stock option was previously reported as an option for 300,000 shares of Class A Common Stock at an exercise price of \$25.4375 per share, but was adjusted to reflect the stock dividend referred to in note (3) above. As a result of the stock dividend, the option also entitled the reporting person to receive, upon exercise, two shares of Class B Common Stock, Series 1, for each share of Class A Common Stock issuable upon exercise of the option for no additional consideration.
- This employee stock option was previously reported as an option for 250,000 shares of Class A Common Stock at an exercise price of \$24.60 per share, but was adjusted to reflect the stock dividend referred to in note (3) above. As a result of the stock dividend, the option also entitled the reporting person to receive, upon exercise, two shares of Class B Common Stock, Series 1, for each share of Class A Common Stock issuable upon exercise of the option for no additional consideration.
- (8)

  1,279,414 shares of Class A Common Stock and 4,078,837 shares of Class B Common Stock Series 1, were withheld from the shares issued upon exercise of the stock options reported herein at a price per share equal to the closing price of such Class A Common Stock and Class B Common Stock, Series 1, respectively, on December 15, 2006, to satisfy the exercise prices and tax withholding obligations in connection with such stock option exercises.
- (9) The reporting person disclaims beneficial ownership of these securities, and this report shall not be deemed an admission that the reporting person is the beneficial owner of such securities for purposes of Section 16 or for any other purpose.
- All such shares are owned by the Peltz Family Limited Partnership, an entity in which Mr. Peltz's spouse is the sole General Partner. Mr. Peltz was formerly a general partner of the partnership but has transferred his interest in the partnership to his spouse.
- (11) With tandem tax withholding rights.
- (12) The option vested in three equal installments on March 20, 1998, 1999 and 2000.
- (13) The option vested in three equal installments on December 14, 2001, 2002 and 2003.
- (14) The option vested in three equal installments on December 6, 2002, 2003 and 2004
- (15) The option vested in three equal installments on December 18, 2003, 2004 and 2005.
- (16) The option vested in full on December 21, 2005.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.