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EVERIST	HOMAS S									
Form 4	2006									
January 03, 2006 FORM 4 LINUTED STATES SECURITIES AND EXCHANCE COMMISSION							OME	OMB APPROVAL		
	SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549					N OMB Number	3235-0287			
Check th if no long							Expires	January 31		
subject to Section 1 Form 4 c Form 5 obligatio may con	F CHANGES IN BENEFICIAL OWNERSHI SECURITIES Section 16(a) of the Securities Exchange Act of 1 Public Utility Holding Company Act of 1935 or S of the Investment Company Act of 1940					F Estimate burden respons	Estimated average burden hours per response 0			
See Instr 1(b).	uction	50(1)	or the m	vestment	compun	<i>y</i> no t of 1	710			
(Print or Type]	Responses)									
1. Name and Address of Reporting Person <u>*</u> EVERIST THOMAS S			2. Issuer Name and Ticker or Trading Symbol MDU RESOURCES GROUP INC [MDU]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last)	(First) (N	(Middle) 3. Date of Earliest Transaction				_X_ Director 10% Owner Officer (give title Other (specify				
MDU RESOURCES GROUP, INC., P. O. BOX 5650			(Month/Day/Year) 12/30/2005				below)	below)		
	(Street)	reet) 4. If Amendment, Date Original Filed(Month/Day/Year)				l	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person			
BISMARC	K, ND 58506-565	0						y More than On		
(City)	(State)	(Zip)	Tabl	e I - Non-D) Derivative	Securities A	cquired, Disposed	of. or Benefi	cially Owned	
(Instr. 3) any		Execution any	med 3.		4. Securities ionAcquired (A) or Disposed of (D) (Instr. 3, 4 and 5) (A) or		5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common				Code V	Amount	(D) Price	(Instr. 3 and 4) 3,825	D		
Stock							5,025	D		
Common Stock							2,610,000	Ι	By Corporation	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Phantom Stock	\$ 0 <u>(1)</u>	12/30/2005(2)		А	467.47	<u>(3)</u>	<u>(3)</u>	Common Stock	467.47
Stock Option	\$ 14.4167					05/12/2000	05/13/2010	Common Stock	3,375
Stock Option	\$ 15.3889					06/03/1998	06/04/2008	Common Stock	3,375
Stock Option	\$ 15.5417					06/03/1999	06/04/2009	Common Stock	3,375
Stock Option	\$ 19.5433					05/16/2002	05/16/2012	Common Stock	4,500
Stock Option	\$ 25.7					05/17/2001	05/17/2011	Common Stock	4,500

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director 10% Owner Office		Officer	Other		
EVERIST THOMAS S MDU RESOURCES GROUP, INC. P. O. BOX 5650 BISMARCK, ND 58506-5650	Х					
Signatures						
Debra S. Anderson, Power of Attorney	01	/03/2006				
**Signature of Reporting Person		Date				

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(2) Phantom Stock units include units that were accrued through dividends under the Deferred Compensation Plan for Directors.

(3) Units are to be settled in cash after reporting person's retirement.

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(**1**) 1 for 1

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.