ANDERSON MARTIN

Form 4

January 21, 2005

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number:

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OMB APPROVAL

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Check this box

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Form 5 Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction

(Print or Type Responses)

1(b).

(Last)

1. Name and Address of Reporting Person *

ANDERSON MARTIN

2. Issuer Name and Ticker or Trading

Symbol

BARNWELL INDUSTRIES INC [BRN]

Issuer

_X__ Director

(Check all applicable)

5. Relationship of Reporting Person(s) to

(First)

(Street)

3. Date of Earliest Transaction

(Month/Day/Year) 01/20/2005

Officer (give title below)

10% Owner _ Other (specify

1099 ALAKEA ST STE 1800

(Middle)

Filed(Month/Day/Year)

4. If Amendment, Date Original

6. Individual or Joint/Group Filing(Check

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

Person

HONOLULU, HI 96813

(City)	(State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8)		5. Amount of Securities Beneficially Owned Following Reported	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
			Code V	Amount	or	Price	Transaction(s) (Instr. 3 and 4)		
Common Stock	01/20/2005		S	1,400	D	\$ 75	36,203	D	
Common Stock	01/20/2005		S	600	D	\$ 74.5	35,603	D	
Common Stock	01/20/2005		S	400	D	\$ 75.25	35,203	D	
Common Stock	01/20/2005		S	400	D	\$ 75.4	34,803	D	
Common Stock	01/20/2005		S	400	D	\$ 76	34,403	D	

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Common Stock	01/20/2005	S	200	D	\$ 75.37	34,203	D
Common Stock	01/20/2005	S	100	D	\$ 77	34,103	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

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9. Nu Deriv Secur Bene Own Follo Repo Trans (Instr

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transac Code (Instr. 8	5. ctionNumber of Securiti Acquire (A) or Dispose of (D) (Instr. 3 4, and 5	(Month/Day ive es ed ed	Date	Secur	int of rlying	8. Price of Derivative Security (Instr. 5)
				Code	V (A) (Γ	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	

Reporting Owners

Reporting Owner Name / Address	Relationships							
Fg - ··	Director	10% Owner	Officer	Other				
ANDERSON MARTIN								
1099 ALAKEA ST STE 1800	X							
HONOLULU, HI 96813								

Signatures

/s/ Martin
Anderson

**Signature of Reporting Person

O1/21/2005

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a). Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

Reporting Owners 2

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