

Edgar Filing: ESSIG STUART - Form 4

ESSIG STUART  
Form 4  
March 19, 2003

UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549

FORM 4

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

[ ] Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue.

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1. Name and Address of Reporting Person(s)

Essig,                      Stuart                      M.  
-----  
(Last)                      (First)                      (Middle)

-----  
311 Enterprise Drive  
-----  
(Street)

-----  
Plainsboro,                      New Jersey                      08536  
-----  
(City)                      (State)                      (Zip)

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2. Issuer Name and Ticker or Trading Symbol

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Integra LifeSciences Holdings Corp. (IART)  
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3. I.R.S. Identification Number of Reporting Person, if an entity (Voluntary)

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4. Statement for Month/Day/Year

03/18/2003  
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5. If Amendment, Date of Original (Month/Day/Year)

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6. Relationship of Reporting Person(s) to Issuer (Check all applicable)

[X] Director                      [ ] 10% Owner  
[X] Officer (give title below)                      [ ] Other (specify below)  
President and Chief Executive Officer

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7. Individual or Joint/Group Filing (Check Applicable Line)

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[X] Form filed by One Reporting Person  
 [ ] Form filed by More than One Reporting Person

Table I Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1) Title of Security	2) Trans- action Date (Month/ Day/Year)	3. Trans- action Code Code V	4. Securities Acquired (A) or Disposed of (D) Amount	A or D	Price
Common Stock	03/18/03	M	161,000	A	\$5.8750
Common Stock	03/18/03	S	161,000	D	\$22.0000
Common Stock	03/18/03	M	39,000	A	\$5.8750
Common Stock	03/18/03	S	39,000	D	\$22.0000

Table II (PART 1) Derivative Securities Acquired, Disposed of, or Beneficially Owned (Columns 1

1) Title of Derivative Security	2) Conversion or Exercise Price of Derivative Security	3) Trans- action Date	4) Trans- action Code Code V	5) Number of Derivative Securities Acquired (A) or Disposed of (D) A	D
Non-Qualified Stock Option (right to buy)	\$5.8750	03/18/03	M		39,000
Non-Qualified Stock Option (right to buy) (2)	\$5.8750	03/18/03	M		161,000

Table II (PART 2) Derivative Securities Acquired, Disposed of, or Beneficially Owned (Columns 1

1) Title of Derivative Security	3) Trans- action Date	7) Title and Amount of Underlying Securities Title	8) Price of Deri- vative Security Amount or Number of Shares
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Non-Qualified Stock Option (right to buy)	03/18/03	Common Stock	39,000
Non-Qualified Stock Option (right to buy) (2)	03/18/03	Common Stock	161,000

Explanation of Responses:

- (1) 25% of the options vest one year after the grant date, with the remaining 75% vesting monthly  
 (2) Granted on December 27, 1997

SIGNATURE OF REPORTING PERSON  
 /S/ Essig, Stuart M.

DATE 03/18/03