Schprechman Joel M Form 5

February 05, 2008

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(Last)

FLOOR

Form 4

OMB APPROVAL

Form Filed by More than One Reporting

1.0

FORM 5 **OMB** UNITED STATES SECURITIES AND EXCHANGE COMMISSION 3235-0362 Number: Washington, D.C. 20549 Check this box if January 31, Expires: no longer subject 2005 to Section 16. Estimated average ANNUAL STATEMENT OF CHANGES IN BENEFICIAL Form 4 or Form burden hours per 5 obligations OWNERSHIP OF SECURITIES response... may continue. See Instruction Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Form 3 Holdings Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940 Transactions 1. Name and Address of Reporting Person * 2. Issuer Name and Ticker or Trading 5. Relationship of Reporting Person(s) to Issuer Schprechman Joel M Symbol STERLING BANCORP [STL] (Check all applicable) (First) 3. Statement for Issuer's Fiscal Year Ended (Middle) (Month/Day/Year) Director 10% Owner _X__ Officer (give title Other (specify 12/31/2007 below) below) 650 FIFTH AVENUE, 4TH Treasurer-Vice President (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Reporting Filed(Month/Day/Year) (check applicable line) NEW YORK, NYÂ 10019 _X_ Form Filed by One Reporting Person

			i cison						
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owner						
Title of	2 Transaction	Date 24 Deemed	3	4 Securities	5 Amount of	6 Ownership	7 Nature c		

1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securi Acquired Disposed (Instr. 3,	l (A) o l of (D)	5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	Â	Â	Â	Â	Â	Â	290	D	Â
Common Stock	Â	Â	Â	Â	Â	Â	3,328	I	By 401(k)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 2270 (9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. 6. Date Exercisable at Expiration Date of (Month/Day/Year) Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)			7. Title and Amo Underlying Secur (Instr. 3 and 4)	
					(A) (D)	Date Exercisable	Expiration Date	Title	An or Nu of Sha
Non-qualified Stock Options (right to buy)	\$ 26.94	Â	Â	Â	Â	12/19/2005(1)	03/22/2011	Common Stock	3,
Non-qualified stock options (right to buy)	\$ 17.99	Â	Â	Â	Â	03/15/2012(2)	03/15/2017	Common Stock	5,

Reporting Owners

Reporting Owner Name / Address	Relationships						
r	Director	10% Owner	Officer	Othe			
Schprechman Joel M 650 FIFTH AVENUE 4TH FLOOR NEW YORK Â NYÂ 10019	Â	Â	Treasurer-Vice President	Â			

Signatures

/s/ Schprechman,
Joel M

**Signature of Reporting Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

On December 15, 2005 the Board of Directors voted to accelerate the vesting and exercisability of any outstanding unvested and unexercisable non-qualified stock options granted to officers on March 22, 2005 effective as of December 19, 2005; provided, however, that transfer of shares acquired by such exercise is restricted until the date that the option would have been exercisable prior to such change. Such restrictions on transfer will expire as to 10% of the grant on the first anniversary of the date of grant, an additional 15% of the grant on the second anniversary of the date of grant, an additional 25% of the grant on the third anniversary of the date of grant and the remaining 50% of the grant on the fourth anniversary of the grant.

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Reporting Owners 2

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Non-qualified options become exercisable commencing on the fifth anniversary of the grant for a term of 10 years from grant date (first exercisable date listed).

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.