PRINCIPAL FINANCIAL GROUP INC Form 424B2 January 12, 2005 Pricing Supplement Dated January 10, 2005 (To Prospectus dated March 5, 2004 and Prospectus Supplement dated March 5, 2004) Filed pursuant to Rule 424(b)(2) Registration Statement Nos. 333-110499 and 333-110499-01

CUSIP: 74254PDY5

Principal Life Insurance Company Secured Medium-Term Notes Issued Through Principal Life Income Fundings Trust 8 (the Trust)

The description of this pricing supplement of the particular terms of the Secured Medium-Term Notes offered hereby, and the Funding Agreement (specified below) issued by Principal Life Insurance Company (Principal Life) to the Trust, the payment obligations of which are fully and unconditionally guaranteed by the Guarantee (specified below) issued by Principal Financial Group, Inc. to the Trust, supplements the description of the general terms and provisions of the notes, the funding agreements and the guarantees set forth in the accompanying prospectus and prospectus supplement, to which reference is hereby made.

1. The Notes

Principal Amount:	\$250,000,000	Purchasing Age	ent(s) Discount:	None	
Issue Price:	99.955%	e		January 14, 2005	
Net Proceeds to the Trust:	\$250,000,000	Stated Maturity Date: July		July 14, 2006	
Specified Currency:	U.S. Dollars				
Interest Payment Dates:	The fourteenth day of January, April, July and October of each year				
Initial Interest Payment Date:	April 14, 2005				
Regular Record Date:	15 calendar days prior to the Interest Payment Date				
Type of Interest Rate:	o Fixed Rate x Floating Rate				
Fixed Rate Notes:	o Yes	x No.	If, Yes,		
Interest Rate:					
Floating Rate Notes:	x Yes	o No.	If, Yes,		
Regular Floating Rate Notes: Interest Rate:	x Yes 3-Month LIBOR03%	o No.	If, Yes,		

Interest Rate Basis(es):	See below.		
Floating Rate/Fixed Rate Note: Floating Interest Rate: Interest Rate Basis(es): Fixed Interest Rate: Fixed Rate Commencement Date:	o Yes	x No.	If, Yes,

Inverse Floating Rate Note: Fixed Interest Rate: Floating Interest Rate: Interest Rate Basis(es):	o Yes	x No.	If, Yes,
Initial Interest Rate, if any:		ginal Issue Date, determined on January 12 preceding the Original Issue Date.	, 2005, the
Initial Interest Reset Date:	April 14, 2005		
Interest Rate Basis(e	es). Check all that apply: o CD Rate o CMT Rate x LIBOR o EURIBOR o Prime Rate	o Commercial Paper Rate o Eleventh District Cost of Funds Rate o Federal Funds Rate o Treasury Rate o Other (See Attached)	
If LIBOR:	o LIBOR Reuters Page LIBOR Currency:	x LIBOR Moneyline Telerate Page 3750 U.S. Dollars	
If CMT Rate: Designated CMT Te If 7052: Designated CMT M	o Weekly Average	o Monthly Average	
Index Maturity:	3-month		
Spread:	-0.03%		
Spread Multiplier:	Not applicable		
Interest Reset Date(s):	Each Interest Payment Date		
Interest Rate Determination Date(s):	The second London Banking I Date	Day preceding the related Interest Reset	
Maximum Interest Rate, if any:	Not applicable		
Minimum Interest Rate, if any:	Not applicable		

Calculation Agent:	Citibank, N.A.		
Exchange Rate Agent:	Not applicable		
Computation of Interest: (not applicable unless different than as Day Count Convention: (not applicable unless different than as			
Amortizing Note: Amortizing Schedule: Additional/Other Terms:	o Yes	x No.	If, Yes,
Discount Note: Total Amount of Discount: Initial Accrual Period of Discount: Additional/Other Terms:	o Yes	x No.	If, Yes,
Redemption Provisions: Initial Redemption Date: Initial Redemption Percentage:	o Yes	x No.	If, Yes,
Annual Redemption Percentage Reduce Redemption:	nnual Redemption Percentage Reduction (if any):		
Additional Other Terms:			

Repayment: Repayment Date(s): Repayment Price:		o Yes		x No.	If, Yes,
Repayment:		o In whole o May be i	-	_	
Additional/Other Terms:		·			
Sinking Fund (not applicable	unless specified	1):			
Additional Amounts to be Pai applicable unless specified):	d for Withhold	ing Tax (not			
Securities Exchange Listing:		o Yes		x No.	If, Yes, Name of Exchange:
Authorized Denominations:		\$1,000			
Ratings:					
The Notes issued under the Pr McGraw-Hill Companies, Inc Principal Life expects the Not	. (S&P).				Ratings Services, a division of The rvice, Inc. (Moody s).
Purchasing Agents Purchasing Principal:	g Notes as	x Yes	o No.	If,	Yes:
Purchas	ing Agent(s)			I	Principal Amount
Wachovi	a Capital Mark	ets, LLC			\$ 250,000,000
Total:					\$ 250,000,000
Purchasing Agents Acting as	Agent:	o Yes	x No.	If,	Yes:
Purchas	ing Agent(s)				Principal Amount
Total:					
State of Organization of the Trust:	New York				
Additional/Other Terms:	Not applicable	2			
Special Tax Considerations:	Interest payab stated interest				as qualified acome tax purposes,

as it meets the specified criteria referenced in the prospectus supplement under the heading Material United States Federal Income Tax Considerations U.S. Holders *Interest and Original Issue Discount*.

2. The Funding Agreement

Funding Agreement Issuer:	Principal Life Insurance Company
Funding Agreement No.:	4-51534
Deposit:	\$250,000,015
Net Deposit:	\$250,000,000
Effective Date:	January 14, 2005
Stated Maturity Date:	July 14, 2006

Specified Currency:		U.S. Dollars			
Interest Payment Dates	5:	The fourteenth day of January, April, July and October of each year			
Initial Interest Paymen	t Date:	April 14, 2005			
Type of Interest Rate:		o Fixed Rate		x Floating Rate	
Fixed Rate Funding Ag	greement:	o Yes		x No.	If, Yes,
Interest Rate:					
Floating Rate Funding	Agreement:	x Yes		o No.	If, Yes,
Regular Floating Rate	Funding	x Yes		o No.	If, Yes,
Interest Rate: Interest Rate Basis(es):	:	3-Month LIBC See below	OR03%		
Floating Rate/Fixed Ra Agreement: Floating Interest Rate: Interest Rate Basis(es): Fixed Interest Rate: Fixed Rate Commence	:	o Yes		x No.	If, Yes,
Inverse Floating Rate F Agreement: Fixed Interest Rate: Floating Interest Rate: Interest Rate Basis(es):	-	o Yes		x No.	If, Yes,
			The Interest Rate as of the Original Issue Date, determined on January 12, 2005, the second London Banking Day preceding the Original Issue Date.		
Initial Interest Reset Date:		April 14, 2005			
Interest Rate Basis(es).	. Check all tha o CD Rate o CMT Rat x LIBOR o EURIBO o Prime Ra	e R	o Elever o Federa o Treasu	ercial Paper Rate of District Cost of Il Funds Rate ory Rate (See Attached)	
If LIBOR:	OR: o LIBOR Reuters Page LIBOR Currency:		x LIBOR Moneyline Telerate Page 3750 U.S. Dollars		

If CMT Rate:					
Designated CMT Telerate Page:					
If 7052:	o Weekly Average	o Monthly Average			
Designated CMT Matur	rity Index:				
Index Maturity:	3-month				
Spread:	-0.03%				
Spread Multiplier:	Not applicable				
Interest Reset Date(s):	Each Interest Payment Date				
Interest Rate Determination Date(s):	The second London Bankin	g Day preceding the related Interest Reset Date			
Maximum Interest Rate, if any:	Not applicable				
Minimum Interest Rate, if any:	Not applicable				
Computation of Interest: (not applicable unless d	lifferent than as specified in t	he prospectus and prospectus supplement):			

Day Count Convention: (not applicable unless different than as specified in the prospectus and prospectus supplement):

Amortizing Funding Agreement: Amortizing Schedule: Additional/Other Terms:	o Yes	x No.	If, Yes,
Discount Funding Agreement: Total Amount of Discount: Initial Accrual Period of Discount: Additional/Other Terms:	o Yes	x No.	If, Yes,
Redemption Provisions: Initial Redemption Date: Initial Redemption Percentage: Annual Redemption Percentage Reduction (if any):	o Yes	x No.	If, Yes,
Redemption:	o In whole onl	y and not in	
	part o May be in w	hole or in part	
Additional Other Terms:	o włay be m wi	note of in part	
Repayment: Repayment Date(s): Repayment Price:	o Yes	x No.	If, Yes,
Repayment:	o In whole onl part o May be in wi	-	
Additional/Other Terms:	0 11 20		
Sinking Fund (not applicable unless specified):			
Additional Amounts to be Paid For Withholding Tax (not applicable unless specified):			
Ratings:			
The Funding Agreement issued under Principal Life expects the Funding Ag	-	•	
Additional/Other Terms:	Not applicable		
Special Tax Considerations:	Not applicable		
3. The Guarantee			

Guarantee Issuer:	Principal Financial Group, Inc.
Effective Date:	January 14, 2005

Additional/Other Terms: Not applicable