PRINCIPAL LIFE INSURANCE CO Form 424B2 May 21, 2007

Pricing Supplement	5/21/2007	Filed pursuant to x Rule 424(b)(2)	o Rule 424(b)(5)
Dated			
(To Prospectus dated February 16, 2006, and		Registration Statement Nos.	333-129763 and
Prospectus Supplement dated February 16, 2006)			333-129763-01

CUSIP: 74254PRY0

Principal Life Insurance Company

Principal[®] Life CoreNotes[®] (Callable) (That are also Asset-Backed Securities) Issued Through and Obligations of Principal Life Income Fundings Trust 2007-50 (the Trust and Issuing Entity)

The description of this pricing supplement of the particular terms of the Principal[®] Life CoreNotes[®] offered hereby, and the Funding Agreement (specified below) issued by Principal Life Insurance Company (Principal Life) to the Trust, the payment obligations of which are fully and unconditionally guaranteed by the Guarantee (specified below) issued by Principal Financial Group, Inc. to the Trust, supplements the description of the general terms and provisions of the notes, the funding agreements and the guarantees set forth in the accompanying prospectus and prospectus supplement, to which reference is hereby made.

1. The Notes

Principal Amount:		TBD	Purchasing Agent Discount:	0.750%
Issue Price:	1	00.0%	Original Issue Date:	5/31/2007
Net Proceeds to the Trust:		TBD	Stated Maturity Date:	5/16/2011
Interest Payment Dates:	The 15th day of every sixth month commencing on 11/15/2007			
Initial Interest Payment Date:	11/15/2007			
Regular Record Date:	15 calendar days prior to the Interest Payment Date			
Type of Interest Rate:	x Fixed Rate o Floating Rate			
Interest Rate:	5.150%			
Discount Note:	o Yes	x No		
Terms of Survivor s Option: Annual Put Limitation:		x \$2,000,000 o		
Individual Put Limitation:		x \$250,000; or o \$	r	
Trust Put Limitation:		x 2%; or \$	_	

Redemption Provisions: Initial Redemption Date:	x Yes 5/15/2008	o No.	If, Yes,
Redemption:	x In whole or	nly and not in	
Additional Other Terms:	Any redempt	whole or in part ion date will be a al Redemption D	in Interest Payment Date falling on or ate
Repayment:	o Yes	x No	
Authorized Denominations:	\$1,000		
Principal [®] is a registered	service mark o	f Principal Finan	ucial Services. Inc. and is used under lic

Principal[®] *is a registered service mark of Principal Financial Services, Inc. and is used under license. CoreNotes*[®] *is a registered service mark of Merrill Lynch & Co.*

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Ratings:

The Notes issued under the Program are rated AA by Standard & Poor s (S&P). Principal Life expects the Notes to be rated Aa2 by Moody s Investors Service, Inc. (Moody s).

Purchasing Agent(s) Purchasing Notes as x Yes o No. If, Yes, Principal:

Purch	asing Agent(s)	Principal Amount			
Merril	l Lynch	TBD			
Total:			TBD		
State of Organization of the Trust:	e New York				
Additional/Other Terms:	None				
2. <u>The Funding Agreemen</u>	<u>nt</u>				
Funding Agreement Issuer	Principal Life	Principal Life Insurance Company			
Funding Agreement No.:	4-54556	4-54556			
Deposit:	TBD	TBD			
Net Deposit:	TBD				
Effective Date:	5/31/2007	5/31/2007			
Stated Maturity Date:	5/16/2011	5/16/2011			
Interest Payment Dates:	The 15th day	The 15th day of every sixth month commencing on 11/15/2007			
Initial Interest Payment Da	te: 11/15/2007				
Type of Interest Rate:	x Fixed Rate	o Floating Rate			
Interest Rate:	5.150%				
Discount Funding Agreement:	o Yes	x No			

Terms of Survivor s Option:					
Annual Put Limitation:			x \$2,000,000 or 2%; or		
Individual Put Limitation:		o \$			
Individual Put Limitation:		x \$250,000; c o \$			
Trust Put Limitation:		x 2%; or	_		
Trust I at Emmation.		\$			
		T			
Redemption:	x Yes	o No.	If, Yes,		
Initial Redemption Date:	5/15/2008				
Redemption:	x In whole only and not in part				
		whole or in part			
Additional Other Terms:	Additional Other Terms: Any redemption date will be an Interest Payment Date falling of				
	after the Init	ial Redemption I	Date		
Denovment	o Yes	x No			
Repayment:	0 168	X INO			
Ratings:					
e					
The Funding Agreement issu	ed under the P	rogram is rated A	AA by S&P.		
Principal Life expects the Fun	nding Agreem	ent to be rated A	a2 by Moody s.		
Additional/Other Terms:	None				
2 The Composite					
3. <u>The Guarantee</u>					
Guarantee Issuer:	Principa	al Financial Grou	in Inc		
	Timeipe				
Effective Date:	5/31/20	07			
Additional/Other Terms:	None				